

COMPETITIONS 1989-1990

Division Honneur

| | | Pts | G | N | P | Bp | Bc | Diff. |
|-----|---------------------------------|-----|----|----|----|----|----|-------|
| 1- | La Roche VF | 69 | 17 | 9 | 0 | 57 | 10 | +47 |
| 2- | ESO La Roche | 60 | 13 | 8 | 5 | 45 | 27 | +18 |
| 3- | ES Fontenay | 57 | 10 | 11 | 5 | 38 | 25 | +13 |
| 4- | SC Challans | 56 | 11 | 8 | 7 | 28 | 30 | -2 |
| 5- | ES La Chaume | 55 | 11 | 7 | 8 | 30 | 23 | +7 |
| 6- | Fraternelle Saint-Macaire | 53 | 11 | 5 | 10 | 33 | 29 | +4 |
| 7- | ES Les Herbiers | 50 | 9 | 6 | 11 | 25 | 28 | -3 |
| 8- | ASPTT Nantes | 50 | 6 | 12 | 8 | 32 | 37 | -5 |
| 9- | AC Saint-Brévin | 49 | 7 | 9 | 10 | 22 | 25 | -3 |
| 10- | Voltigeurs Châteaubriant | 49 | 8 | 7 | 11 | 29 | 37 | -8 |
| 11- | Intrépide Angers | 48 | 7 | 8 | 11 | 29 | 39 | -10 |
| 12- | AS St-Pierre Montrevault | 46 | 7 | 6 | 13 | 33 | 48 | -15 |
| 13- | Réveil Saint-Géréon | 45 | 6 | 7 | 13 | 23 | 42 | -19 |
| 14- | AC Saint-Nazaire | 40 | 3 | 8 | 15 | 22 | 46 | -24 |

Division Supérieure Régionale

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|--|---------------------|--|--|--|--|--|--|--|
| | La Roche VF | | | | | | | |
| | SA Fontenay | | | | | | | |
| | US Montreuil Juigné | | | | | | | |
| | UA Montreuil Bellay | | | | | | | |
| | Foyer Trélazé | | | | | | | |
| | FC Nantes | | | | | | | |
| | US Thouaré | | | | | | | |
| | SCO Angers | | | | | | | |
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| | <i>Groupe</i> | Pts | G | N | P | Bp | Bc | Diff. |
|-----|----------------------------|-----|---|---|---|----|----|-------|
| 1- | Amicale Dolaysienne | 56 | | | | | | |
| 2- | FC Montaigu | 54 | | | | | | |
| 3- | AC Pouzauges | 52 | | | | | | |
| 4- | JF Cholet | 46 | | | | | | |
| 5- | Stade Croisic | 43 | | | | | | |
| 6- | EA La Tessoualle | 43 | | | | | | |
| 7- | LSG Les Brouzils | 42 | | | | | | |
| 8- | SO Cholet | 40 | | | | | | |
| 9- | EV Saint-jean Monts | 40 | | | | | | |
| 10- | Nozay OS | 39 | | | | | | |
| 11- | JA Somloire | 38 | | | | | | |
| 12- | US Pontchâteau | 35 | | | | | | |

Division Régionale Honneur

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| | Ecl. Saint-Martin Noyer | | | | | | | |
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Division Honneur Féminin

| | | Pts | G | N | P | Bp | Bc | Diff. |
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| 1- | CBOS Angers | | | | | | | |
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Coupe de l'Atlantique

1^{er} tour

US Guérinoise bat Saint-Vincent Tréffieux

2^{ème} tour

US Guérinoise bat CS Montoir

3^{ème} tour

US Guérinoise bat Saint-Pierre Missillac

4^{ème} tour

US Guérinoise bat ES Joué sur Erdre

5^{ème} tour

La Madeleine Guérande bat US Guérinoise..... ap

GS Saint-Sébastien bat NDC Angers2-1